

**AZ LIONS WEEK OF SERVICE RALLY**  
**APRIL 6 – 13, 2024**



**WHAT:** The Arizona Lions aim to host a series of service activities spanning a week, encouraging active participation from all Lions Clubs across Arizona. This collective effort seeks to make a substantial impact within our communities through varied service initiatives.

**WHERE:** Specific locations for each event are detailed in the table provided below.

**WHO:** This event calls for the enthusiastic involvement of all Lions, Leos, Cubs, and welcomes the participation of non-profit organizations. These groups will play a crucial role in the success of our Week of Service Rally, contributing to the betterment of our communities through their active engagement and service.

**GOALS: 1) Uniting the clubs 2) Service reporting 3) LCIF participation 4) Membership drive**

**“All AZ Lions, Leos, Cubs and community members-friends are invited to join the closing day celebration on April 13, 2024.”**

**AZ Lions Service Week Committee:**

21N, West Valley: Lion Ethel Luzario-Smith, (602) 549-1011, Phoenix Asian American Lions Club

21N, East Valley: Lion Charmel dela Cruz, (480) 371-5436, Phoenix Barangay Lions Club

21S: Lion Joe Osborne, (520)269-9937, Tucson Breakfast Lions Club

21S: Lion Joe Preston, (928)899-3245, Mesa Thunderbird Lions Club

MD21: Lion Su-Lin Trepanitis, (520)661-4909

Tucson: Lion Pam Boyer, (520) 861-9774, Phoenix Asian American Lions Club

21N DG: Lion Farhana Shifa, (619)549-0005, 21S DG: Lions Keith Alexander, (928)651-0455

MD21 CC: Lion Norm Messier, (860)214-5233

All Zone Chairs and Club officers

**NOTE: Lions or clubs can order a bag of food for a family and either distribute it by themselves or ask the group to do it for them. Bag Order - \$5 each, please donate to LCIF the money. As a club you will have two services completed, hunger and LCIF donation. Based on your booking of bags and donation, the organizing groups will prepare the bags.**

Lions, Leos, Cubs and Clubs are encouraged to participate in any of the activities listed below. OR plan your own activities and invite others.

<b>DATE</b>	<b>DESCRIPTION OF ACTIVITY</b>	<b>LION / LEO LEAD</b>
Sat, April 6th 8 a.m. – 12 noon  <b>OPENING DAY</b>	<b>Environment Clean UP (Environment)</b>  Rattlesnake Cove at Bartlett Lake Clean Up  Carpool at 7 a.m. , meet at MOM Warehouse, 1741 W. Rose Garden Lane, Phoenix	Lion Bambi Craig Leos Matthew and Tim Phoenix Asian American Lions
<b>Sat, April 6th</b> <b>OPENING DAY</b>	<b>Zumba at East Valley (Diabetes)</b> (Tentative)	Lion Ben Barranco Phoenix Rainbow
Sat, April 6th 9am -12pm <b>OPENING DAY</b>	<b>Food drive (Hunger)</b>  Greenway shopping center, 99th Ave and 103rd Ave Lions are encouraged to donate food.	John Dietz
Sat, April 6th 9am- 12 pm & 3pm -6pm <b>OPENING DAY</b>	<b>Vision Screening (Vision)</b>  Mohave Community college students and staff.	Janis Young
Sat, April 6th and 7th 8am – 12pm <b>OPENING DAY</b>	<b>Citrus Gleaning (Environment)</b>  Verde Groves 4202 E Broadway Rd, Mesa Protective equipment must be worn.	Mari Dillard, MJ Barjose, Hank Martin
Mon, April 8th 9 a.m. – 12 noon	<b>Eyeglasses Sorting (Vision)</b>  MOM Warehouse, #6 1741 W. Rose Garden Lane, Phoenix 85027	Lion Ron Smith
Tues, April 9th 9am to 12pm	<b>Cleanup the area (Environment)</b>  Wear safe clothes, close toe shoes. 9451 N. 99th Ave, Peoria	Debbie Bushey

April 12 <sup>th</sup> to 14 <sup>th</sup>	Annual Lion Camp Tatiyee service days <b>(Environment)</b> Painting, racking, cleaning (If stay overnight, bring your own bedding/sleeping bag, toiletries and towel) 5283 W White Mountain Blvd, Lakeside, AZ 85929	Debbie Bushey
Wed and Thursday, April 10 & 12, 11 a.m. – 4 p.m.  Sat, April 13 <sup>th</sup> , 5 –9 a.m.	<b>Alleviating Hunger at Market On the Move in Phoenix (Hunger)</b>  Drop off location for used eyeglasses, hearing aid and unused medical supplies. <b>(Vision)</b>  MOM Warehouse, #6 1741 W. Rose Garden Lane, Phoenix 85027	Lion Ethel Luzario-Smith
Days/hours in Tucson to follow	<b>Alleviating Hunger at Market On the Move in Tucson (Hunger)</b>	Lion Pam Boyer
Date being finalized	Feed My Starving Children <b>(Hunger)</b> (Tentative)- Club team building initiative.	Lion Charmel dela Cruz
During the Week	Drop off of used eyeglasses. <b>(Vision)</b>  East Valley: Manila Sunrise 1130 W University Dr #107, Mesa, AZ 85201  West Valley: MOM Warehouse 1741 W. Rose Garden Lane, #6 Phoenix, AZ 85027	
Date being finalized	Cancer Children Network -Center open house and activity <b>(Childhood Cancer)</b>	Richelle Millar, Farhana Shifa, Patti Luttrell
Sat, April 13 8 a.m. to 1 p.m. <b>CLOSING DAY</b>	<b>(Vision, Hunger, Environment)</b> Eyeglass collection and sorting Food Bank donations Recyclable Plastic collection Old SAAVI 3671 E. Grant Road	Su-Lin Trepanitis

<p>Sat, April 13 9 a.m. to 2 p.m.</p> <p><b>CLOSING DAY CELEBRATION</b></p>	<p>Community Fair Activities: <b>(Members appreciation and community engagement)</b></p> <p>Produce distribution Health screenings Face Painting Balloon giveaways Ice Cone Bouncy Hamburgers, Hotdogs, Drinks Drop off of empty water bottles, eyeglasses, hearing aids, gently used clothes, linens &amp; towels</p> <p>Media coverage</p>	<p>Lions Ethel Luzario-Smith, Charmel Dela Cruz, Ron Smith And AZ Lions Service week Committee</p>
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HOW many Lives, can we impact?

**WE SERVE**



Disaster Relief



Environment



Diabetes



Vision



Childhood Cancer



Youth



Humanitarian



Hunger

## Ideas Of Projects

Eye Exams and glasses collection

Eyeglasses sorting

Flags for first graders

Academic Scholarship

Youth Literacy

Medical equipment collection/sorting

Diabetes awareness/ walk/screening

Food Banks and food drive

Veteran Programs

Youth sewing

Youth kindness

Chef for a day

Community outreach

Teatime

Rodeo

Mariachi support

Boy/ girl scouts.

Senior assistance

Coffee with the cops

Writing cards and sending out to Teachers/ law enforcements/ Military

Tree planting

Gardening

Clean up parks/street.

Homeless help

Refugee help

Yarn donation

Health screening

Recycling plastic donation

Barn sale/ garage sale

**BE CREATIVE**

# One Hundred Service Ideas



## Diabetes

1. Organize a "Strides: Lions for Diabetes Awareness" event.
2. Organize a community support group for parents of children with diabetes.
3. Volunteer to serve at a children's diabetes camp.
4. Invite a healthcare professional to speak about diabetes at your club or district meeting.
5. Partner with local healthcare providers to organize diabetes & vision screenings.
6. Distribute educational resources to increase diabetes awareness at a community health fair.
7. Organize a walking club for seniors with diabetes.
8. Provide a diabetes magazine subscription to your local library.
9. Sponsor a child in need to attend diabetes camp.
10. Donate diabetes books to your library with a bookplate to identify your club's donation.
11. Work with your local school to invite a health care professional to speak about diabetes.
12. Post monthly articles about diabetes on your club or district website.
13. Promote diabetes prevention through a radio public service announcement.
14. Sponsor a healthy cooking demonstration for people with diabetes.
15. Organize a school or community vegetable garden to encourage healthy eating.
16. Work with a community podiatrist or foot care specialist to provide foot screenings.
17. Partner with your local diabetes organization to offer programs & materials.
18. Promote community resources and online materials from LCI partners NDEP, DECA & IDF.
19. Promote the importance of an annual dilated eye exam to detect diabetic eye disease.
20. Provide educational materials to schools & physician offices.

## Environment

21. Plant trees with the advice of a local environment organization on the best locations and varieties.
22. Clean up a beach, community space or roadside area monthly as a club.
23. Hold an environment-themed photo contest at a school. Plant a tree or another green form of recognition to honor the winner.
24. Challenge all Lions in your club or district to add one green habit to their daily lives.

25. Recognize a local organization or community leader for environmental conservation work.
26. Volunteer with your local park service to maintain trails. Help more people access and enjoy nature!
27. Commit to "Meatless Mondays" or not eating meat one day each week.
28. Collect used cellphones and donate them to individuals in need.
29. Lead an after-school nature walk.
30. Survey homes and community areas for leaks in sinks, communal spigots or water fountains. Contact relevant officials for repairs.
31. Work with city officials to paint "no dumping" signs near road drainage areas.
32. Identify where to recycle toxic items and share the collection schedule.
33. Organize a mural competition to promote environmental awareness. Paint the mural in a prominent community location.
34. Implement a recycling drive where people donate gently-used items to charity organizations.
35. Develop a demonstration garden or landscaping plot using native plant species to restore the habitat and conserve water.
36. Sponsor a training program for farmers on how to make and use organic fertilizers and pesticides.
37. Produce a monthly nature program on a local public radio station.
38. Partner with a local carpenter to build rain barrels. Hold a training session with community members to promote using them for watering and irrigation.
39. Organize an alternative transportation incentive program to encourage walking, biking, public transportation and carpooling.
40. Establish a school garden and composting program to improve school meals & reduce waste.

## Hunger

41. Volunteer to deliver prepared meals to those who are elderly or visually impaired.
42. Organize a program at a local school to provide healthy, nutritious meals.
43. Prepare food baskets for families in need.
44. Volunteer at a soup kitchen or homeless shelter.
45. Take families in need shopping for fruits and vegetables.
46. Organize an event to benefit a food bank in your community; use cans of food as admission.
47. Hold a hunger walk and use proceeds to buy food for a children's center or a homeless shelter.
48. Create a cookbook of inexpensive, easy recipes.



49. Create healthy snack packages to be distributed to children in need.
50. Partner with local restaurants or food markets to deliver donations to a shelter.
51. Start a food co-operative to serve as a resource for healthy food at a more affordable price.
52. Collect infant formula and baby food for an organization serving young mothers at risk.
53. Work with healthcare professionals to provide free classes on nutrition & food preparation.
54. Provide fruits and vegetables as a healthy snack for children in childcare facilities.
55. Provide transportation for those who are elderly or visually impaired so they can shop for food.
56. Teach children to bake a loaf of bread they can take home to their family.
57. Invite a local food bank representative to speak at a club or district meeting.
58. Provide needy children with backpacks supplied with food for when school is not in session.
59. Host a picnic or BBQ at a park for the community.
60. Establish a community vegetable garden where local residents can grow their own food.
75. Host a "Beep Baseball" game or tournament.
76. Support a guide dog training program through fundraising or voluntary labor.
77. Develop an assistive technology library so people can access resources as their needs change.
78. Create a sensory garden that engages the senses of touch, smell, hearing & taste. Provide braille or audio recordings of signage.
79. Partner with a school for the blind to support assistive technology & maintenance needs.
80. Partner with an orientation and mobility specialist to provide ongoing support to teachers and employers of inclusive classrooms/workplaces.



## Childhood Cancer



## Vision

61. Organize a braille, large print and audio book collection to benefit a library or senior center.
62. Volunteer to create audio recordings of books & periodicals.
63. Work with local eye care professionals to provide community vision screenings.
64. Sponsor a World Sight Day event.
65. Sponsor visually impaired students through camps, contests or other activities.
66. Create a community arts program for children and adults who are blind or visually impaired.
67. Collaborate with an eye bank to promote the importance of corneal donations.
68. Develop a directory of community resources and services for those who are visually impaired.
69. Volunteer at a visual rehabilitation or vocational training center.
70. Organize an inclusive sporting event for children with and without visual impairment.
71. Host a fundraiser to purchase and donate white canes for those who are blind.
72. Work with local employers to develop an employee vision screening program.
73. Develop a discount voucher program with optical shops for underserved populations.
74. Design a transportation program for those who are blind or have low vision.
81. Provide craft materials, puzzles, books & games to children receiving treatment.
82. Prepare meals for families with children undergoing treatment.
83. Donate gas, parking & food gift cards to families in need or a childhood cancer center.
84. Provide cancer support books and magazines to your local school.
85. Write cards full of well-wishes and share them with a local cancer center.
86. Make or buy new hats, caps, head scarves and blankets to donate to children's cancer centers.
87. Coordinate travel arrangements to and from treatments for a family of a child with cancer.
88. Provide tutoring services to children with cancer and their siblings.
89. Organize a childhood cancer camp or sponsor a child to attend one.
90. Volunteer to assist a family in sharing their story through photography.
91. Sponsor an activity day for children with cancer.
92. Raise awareness through radio public service announcements or social media campaigns.
93. Provide children's entertainment at a hospital or treatment center for children with cancer.
94. Organize a weekend retreat for families with children in remission.
95. Remodel a children's cancer center.
96. Form a support group for those affected by childhood cancer.
97. Familiarize yourself with the bone marrow transplant registry.
98. Volunteer at a housing facility serving children with cancer.
99. Assist at camps for children with special needs.
100. Host a wellness and nutrition day advocating healthy living habits for young people.